

COMPETENCY ROLE PLAYS – WEACT ONE TO ONE CONVERSATION

INSTRUCTIONS FOR OBSERVERS:

You will rate the following competencies:

1. Non-verbal Communication;
2. Verbal Communication;
3. Rapport and Relationship Building;
4. Empathy, Warmth and Genuineness;
5. Supporting the reframing of the child's negative thoughts & feelings
6. Ability to identify child's daily life problems or needs;
7. Applies problem solving techniques for the child's problems;
8. Safe Identification of child abuse, exploitation, neglect, violence, and self-harm

-----CUT

HELPER INSTRUCTIONS

It is the group session of Intervention X in which problem solving is addressed. A 12 year old child expressed anger during the session when talking about managing problems. They raised their voice in the group and was aggressive to other participants saying 'your problems are not even real problems compared to the problems in my life.' The child shouted to the helper and said 'why are you not talking about the real things that are troubling us?' You have asked the child for a one-to-one conversation to find out more about the situation.

-----CUT

'CHILD INSTRUCTIONS' role played by one of the trainers; if a trainer is not available then a training participant should be given these instructions in detail

You are 12 years old. It is the session of the Intervention X that is addressing problem solving and you expressed anger during the session when talking about managing my problems. You raised your voice in the group and were aggressive to other participants saying that 'your problems are not even real problems compared to the problems in my life.' You shouted at the helpers and said 'why are you not talking about the real things that are troubling us?' The helper has asked you to join for a one-to-one conversation which you have agreed to.

The helper does not yet know that you are having many problems which have affected you a lot. Your father died two years ago. You and your older brother now have a lot of responsibilities for looking after your mother and three younger siblings. You are tired all the time because you are working for money in the evening but also trying to go to school during the day. **You have to work hard, but are often not getting paid what was promised before** (*this elements is to trigger the safe identification with the helper, related to exploitation*).

You feel angry a lot of the time but you are also sad about how your life has changed. Besides that, you are struggling with keeping up with the homework at school, because of being too busy with work after school, and **you see your grades dropping** (*this element is to trigger the problem solving with the helper*).

Your goal is to respond to the helper as naturally as possible. You will still be angry at first when the helper is talking to you but should respond accordingly as the helper speaks with you e.g. if you feel safe when speaking with the helper you may feel able to share some of the problems you are having. If you do not feel that safe, then you may still feel angry for longer during the

conversation. You don't have any other child protection issues next to you working e.g. you will not say that you feel suicidal, or that you are being abused or have hurt by others.

You start the scenario by saying: ***I feel like I can only have trouble in my life. Things are never going well for me.***